

SSA Summer ILCA Race Team

Junior Program Director: Travis Carlisle +

Operations Manager: Madde Vachon



2023 Summer Coaches

- +Charles Anderson; Head Coach
- +Leo Boucher; Guest Coach
- +Robby Meek; Guest Coach
- +Katherine Weaver; Pending registration

Summer Schedule 2023

ILCA USA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June 12th	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF
June 19th	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF	Practice in Rhode Island
June 26th	US Youth Champs Rhode Island	US Youth Champs Rhode Island	US Youth Champs Rhode Island	US Youth Champs Rhode Island	US Youth Champs Rhode Island	OFF	OFF
July 3rd	OFF	OFF	AYC Annual	SSA Annual	Practice @ SSA	OFF	OFF
July 10th	OFF	OFF	Practice in CA	North Americans Alamitos Bay YC, CA	North Americans Alamitos Bay YC, CA	North Americans Alamitos Bay YC, CA	North Americans Alamitos Bay YC, CA
July 17th	OFF	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF
July 24th	Practice @ SSA	West River	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF
July 31st	OFF	OFF	Practice in Michigan	Practice in Michigan	US Championships Grosee Point, MI	US Championships Grosee Point, MI	US Championships Grosee Point, MI
August 7th	OFF	OFF	CORK INTL Regatta Kingston, ON	CORK INTL Regatta Kingston, ON	CORK INTL Regatta Kingston, ON	CORK INTL Regatta Kingston, ON	CORK INTL Regatta Kingston, ON

Communication

We use InstaTeam as the primary communication

- Code to join: VACGCW

We also use WhatsApp for regatta communication

- Will create new group post registration and will send link

Summer Fees

The SSA Summer Travel fee will be roughly
\$2,000/sailor (8 Sailors)



The travel fee covers:

Coach per diem, travel, and
accommodations

Coach boat charter (when
needed)



Sailor Expectations

+Respect

+Attitude

+Commitment

+Perpared

Parent Expectations

+Communication

+Respect

+Volunteer (Towing, providing snacks, ice, Regatta help)



Coach Expectations

- +Respect
- +Lead with the Corinthian Spirit
- +Quality Coaching
- +Communication